

secondary rhinoplasty

Sydney plastic surgeon **Dr Kourosh Tavakoli** revised a patient's previously unsuccessful rhinoplasty and gave her the nose she wanted in her wedding photos. Gillian Samuel reports.

Sydne plastic surgeon Dr Kourosh Tavakoli was in consultation with a female patient in her 30s in relation to a different cosmetic procedure when the subject of her unsatisfactory rhinoplasty came up.

History

Dr Tavakoli's patient had broken her nose as a teenager. The break was a bad one – not only did it disfigure her nose but it left her with difficulties breathing through both nostrils. 'I used to panic because I couldn't breathe at all when I had a cold,' she says.

When she was in her late 20s, she went to a surgeon for a rhinoplasty. She explained that she wanted the problems from the break corrected and also the size of her nose reduced. She says that he warned her that if he did as she asked, she could wind up with a pig nose or 'snout'.

Two operations were required because a few months after the initial surgery the tip of the nose began to droop and a conspicuous bump, which could not be ascribed to swelling, remained.

The second operation was also disappointing as the result wasn't symmetrical and didn't achieve the look the patient had originally hoped for.

Revision

Six years later the patient was planning to get married and was still unhappy with her nose. She says she simply wanted her nose not to make her stand out from the rest of society.

Her wedding photos were another key factor in her decision to undergo a secondary rhinoplasty. 'Let's face it, wedding photos are expensive and I didn't want to wind up being unhappy with them because of the way I looked,' she explained.

When Dr Tavakoli told her he could correct her earlier surgery, she went ahead and set the date for her wedding day, allowing time for her new nose to heal completely.

The procedure

Dr Tavakoli warned that after two previous operations he didn't know what to expect in terms of damage to the nose cartilage and that he would have to work with what there was.

The operation took place with an overnight stay in hospital and the patient was released the next morning after the packing had been removed from her nose. A week later, the bandages were taken off, the splint removed and, 'I saw my wonderful new nose,' she says.

For about a month after the operation she had to strap her nose every three days with flesh-coloured strips but says that she recovered quickly. 'They say up to 18 months but I was completely fine a couple of months later'.

The result

The patient says that she continued to have monthly follow-ups with Dr Tavakoli with the last one just before her wedding.

She says that at last she has the nose she always wanted, one that looks natural and appropriate to her ethnic features. **acsm**



BEFORE

AFTER rhinoplasty by Dr Tavakoli